



Golden Gate Labrador Retriever Rescue, Inc.

Fall 2019 www.Labrescue.org

Buddy's story: he was the best of dogs, he was the worst of dogs...

Buddy came into Lab Rescue from Yolo County Animal Services, who asked us to please rescue this older, very overweight, totally sweet dog. Buddy had been unceremoniously dropped off by a family who said that their father had passed away, and they didn't want his dog Buddy.

Marilee and Steve, one of our amazing foster families, evaluated Buddy and brought him home to foster. Buddy quickly settled in to their family of 4 dogs and a cat, and Marilee began working to trim his weight through diet and exercise. Life with Buddy was exciting—Buddy pulled the toaster off the counter to get at the breadcrumbs, he opened a closet door to get at the treats left in Steve's jacket pocket, ruining the jacket. He consumed a wild turkey carcass he found on their property, resulting in an emergency trip to the vet. He was very food-motivated and his taste extended to tissues, socks, underwear, etc. And he chased the car to the gate anytime they left.

Buddy was adopted, but returned after he chewed up a doorframe, ate a whole plate of Christmas treats off the counter, and tore up his dog-walker's car when left alone for less than 5 minutes. It was then we suspected that Buddy might have severe separation anxiety.

Marilee picked up Buddy to foster again. He howled pitifully for miles as they drove away from his adopter's house, but



settled in fine at Marilee's. Meanwhile, his rep contacted Diane and Merribeth, who came to meet him, staying at Marilee's overnight to get to know him. Despite full disclosure of Buddy's quirks, including his "eating disorder" and separation anxiety, Diane fell in love with Buddy, packed him up in the front seat of her truck, and took him home. On the way home, Diane sent a text to Buddy's rep: "Buddy somehow managed to throw the gearshift into reverse while we were driving. No harm done, but note to self: Don't let Buddy drive!"

Buddy integrated well with Merribeth's three dogs at her home in Paradise. Diane and Merribeth spent time adapting to Buddy's tendencies to eat everything in sight—they locked up all food, put edibles on top of the refrigerator and in the microwave, and securely closed all doors. Buddy brayed at mealtime if his food didn't come fast enough, disconcerting the neighbors who thought a donkey had moved in. Diane engaged a wonderful trainer, Shelly Keel of A Good Dog Day Training, and they all worked diligently to help Buddy. He did improve, slightly, but it was an uphill battle. Shelly continued her efforts, employing Manners Minders, Kong Wobblers (Buddy learned to unscrew the top), remote cameras—every device she could think of to work with and mitigate separation anxiety.

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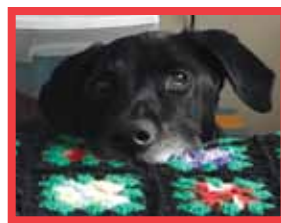
Diane eventually took Buddy home to her place in Klamath, up on the North Coast, where she lived part of the year. He continued to teach Diane the benefits of “mindful attention” –close all doors, lock all food up, cover up the laundry (Buddy loved to eat dirty socks) and don’t wander too far. He once pried open a cupboard and ate a whole bag of Greenies. Diane wryly commented that the yard looked like leprechauns had held a poop convention when Buddy digested those. Diane countered as best she could, but finally told Buddy’s rep that he was clearly smarter than she was.

Diane discovered that Buddy hated the rain and hated walking on wet grass. He made his own routes around her yard to avoid the grass, cutting through the carport, walking on the gravel at the edge of the yard, only doing his business in a storm if Diane stood over him with an umbrella.

Buddy was wonderful with people and kids, charming them, and training the neighbors to always offer him a treat when he spotted them on their way out. Everyone loved him, and he was a favorite at the stores in town when Diane shopped. He made Diane very proud when he won “best costume” and “best behaved” at a local fair for dogs. He regularly participated in demonstrations and marches in Eureka and Crescent City, garnering lots of attention from other marchers.



But Buddy surprised everyone when he suddenly transformed into a therapy dog for one of Diane’s and Merribeth’s friends, who was going through a very hard time. Buddy couldn’t have been more comforting. It was a preview of what was to come.



Life went on with Diane and Buddy until Diane was diagnosed with breast cancer last year. They returned to Paradise while Diane received treatment in Chico. She was getting ready to start treatment when early in the morning of November 8, 2018, the Paradise fire erupted. Diane and Merribeth packed up the 4 dogs, their food, beds, toys, treats and headed out in two cars through the inferno, flames all around. They made it out unharmed physically, but with emotional trauma, as all of the Paradise survivors have experienced. But Buddy was amazingly calm on the terrifying drive, and even fell asleep in

the back seat, trusting that Diane would keep them safe. His snoring was a comfort to Diane on this journey through hell.

The whole crew—Diane and Buddy, Merribeth and her 3 dogs—stayed with family in Chico until Diane found a home in Central Point, Oregon. She and Buddy moved in just before Christmas, to get the house ready for the rest of the family. While Diane was moving furniture into the house, her usual keen attention to Buddy faltered, and he managed to consume a few pieces of Christmas fudge before she grabbed the rest out of his mouth. He hadn’t changed!

Buddy had been diagnosed with Cushing’s disease a few years before, and it was clearly taking its toll as he aged. His hair was sparse, his legs were weaker, and he slept more. But his mind was sharp, and he still enjoyed trying to outwit Diane (and Merribeth) at every turn.

Diane began her long treatment regimen and Buddy the therapy dog “reappeared” to comfort her through long grueling weeks of miserable side effects. His devotion never wavered. He was there for her, day and night. But he was still Buddy. Diane wrote: “Buddy just got into the bag I take with me to chemo infusions. He ate a bag of cherry cough drops, a partial bag of almonds that were going stale, a granola bar, and who knows what else. Good thing my last infusion is coming up soon. I won’t need those snacks!”

Toward the end of Diane’s chemotherapy treatments, Buddy’s health noticeably deteriorated. He was trying to be there for Diane, but his body failed, and he crossed the Rainbow Bridge. When Buddy’s ashes came home, Diane wryly noted: I like that it says, “Faithful friend and companion.” Buddy meets the description. There could have been issues had it said, “Good dog”.

Diane continued her treatments, without Buddy at her side. A few weeks later, she sent an email—Buddy: the gift that keeps on giving. “Grabbed a sports bra this morning and saw little Buddy chew holes. Sigh.”

RIP, Buddy. You may not have been a “good dog” but you were the best of dogs.

- Lovingly written by Dale Jenssen

In loving memory of our many good boys and good girls who have left us to cross the Rainbow Bridge.



Frisco,
you were a **good boy.**



Raider,
you were a **good boy.**



Ozzy,
you were a **good boy.**



Peyton and Eli,
you were **good boys.**



Hershey,
you were a **good boy.**



Riley,
you were a **good boy.**



Joshua,
you were a **good boy.**



Millie,
you were a **good girl.**



Scout,
you were a **good boy.**



Shiloh,
you were a **good boy.**



Magic,
you were a **good girl.**



Stanley,
you were a **good boy.**



Cowboy,
you were a **good boy.**



Issie,
you were a **good girl.**



Sammy,
you were a **good boy.**



Scout,
you were a **good boy.**

Happy Endings – Jake

John took Jake for two walks yesterday. He encountered a couple of yappie dogs on the 1st walk and did great! On the second walk he met our neighbor's female black lab & it



was instant love. He follows John all around the house. At bedtime he slept in the dog bed we got him next to John in our bedroom. He's a funny guy, won't go into the front room until John calls him. John is over the moon for him. Hope I haven't been replaced!

-John & Debra Murphy

Thank you Rescue Rep Dave & Foster Mom Diane!

Happy Endings – Tiggy

(Note: Tiggy came to us a year ago needing TPLO surgery and look at her now!)

I was out hiking with Mrs. Tiggy Winkle earlier today and I was thinking to myself how grateful I am to the GGLRR.



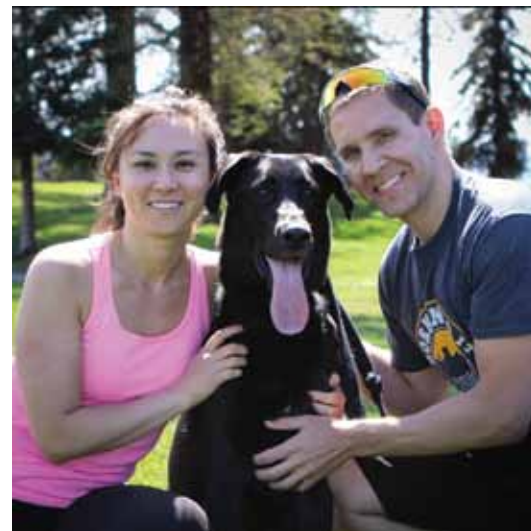
Tiggy is the most amazing hiking/running partner, she loves people, and she has the perfect disposition/energy for our family. It's a complete love fest all around. She is clearly a really happy pooch too. Thank you again for linking us!

-Christie Michaels

Thank you Rescue Rep Dave!

Happy Endings – Loki

Things are going great with Loki; we can tell that he's feeling much more at home now by the abundance of tail wagging that we see on a regular basis. We started a six week training class with him earlier this month and it has been smooth sailing so far. He'd already mastered a lot of the basic commands before going in so at this point he's at the head of the class. Obviously we still have a long way to go, but he's definitely made some impressive strides over just the past few months! And I think it's safe to say we're all enjoying one another's company as well!



-Brad Freeman & Nicole D'Arcy

Thank you Rescue Rep Debbi & Foster Michael Ting & family!

Happy Endings – Lucky & Coco

The picture is of Lucky and Coco on vacation with us at Donner Lake. Their life before was in a kennel run all day and not allowed in the home!



-The John Parodi family

Thank you Rescue Rep Liz!

Happy Endings – Harry

Baby Harry is doing wonderfully — and quite frankly, has surpassed me as the apple of my Father's eye. He officially loves Harry more than he loves me...

Harry is looking forward to an action-packed summer (swimming! hiking! the beach!). His favorite pastime: sitting at the kitchen table with all of us during mealtimes. He's not allowed on couches or beds (and is fine with it),



but he feels mealtimes are important to pawticipate in. He's very polite — doesn't touch our food, doesn't interrupt. Just sits tall and listens. It's quite the scene to see and you can't help but smile when you see him perched on a chair waiting for you to join him (and with his permanently worried face to boot!)

Thanks for all you do for rescues, and thank you for the light of my life! It's

hard to put into words how loved he is.

-Joyce Chang

Thank you Rescue Rep Liz & Foster Mom Elizabeth!

Happy Endings – Iggy



Just wanted to let you know how thrilled we are! Iggy (formerly Tiller) is doing great! He's relaxed in our house (loves to lay by the couch) and is having fun on walks with us. We are working on his recall and leash skills, but he's settling in wonderfully! Thank you for allowing us to be his family!

-Morgan & Angie Fones

Thank you Rescue Rep Dave!

Happy Endings – Lola

It has been so rewarding to see Lola progress. She has gained energy and weight. She picked up a toy! She kind of almost chased a ball. She does a happy dance at mealtime. She ran on the beach and decided to take a little swim! She stands very patiently when I can't figure out how to work the harness (again). She's very trustworthy in the house, but will dig up the yard if she suspects there is a gopher under there. I do kind of wish she would bark one day.



Her expression is much less guarded and her thousand-yard stare is going away. She is rather a stubborn girl; if she doesn't want to turn around on a walk she can become a thousand pound statue. She will come running if you whistle.

Tommie & Ken McKee

Thank you Rescue Rep Kris & Foster/Adopters Tommie & Ken McKee!

Happy Endings – Nolja



Sal and I have barely had Nolja a month, but she already seems to have settled in. She's a wonderful girl and so smart. We walk Nolja and Sophie (our black Lab) every

morning. She is already learning hand signals and walks well on a leash. We are taking Nolja to a training class and she is at the top of her class. It's good we are early risers because Nolja generally wakes up at 5:58 a.m. (on the dot) and makes sure we are up also. She loves to ride in the car and when I open the door is ready to immediately jump in. My husband and I believe we hit the jackpot with Nolja. Sal calls Nolja the love bug.

-Cindy & Sal Culcasi

Thank you Rescue Rep Dave & Foster Parents Jeff & Lisa!

Happy Endings – Lalah



Lalah is doing great! She loves her daily walks on the trails next to our house and also loves cooling off in the pool and with the spray nozzle from our backyard hose. All four of us love having a family dog again and she's quickly become part of our family. :)

-Deb Hinds & family

Thank you Rescue Rep Liz & Foster Dad Troy!

Happy Endings – LuluBelle

Lulu is settling in nicely. She checked out the backyard with Missy and they are now napping.

-Laura Hearick

Thank you Rescue Rep Liz & Foster Family Michele & Jimmy!



Happy Endings – Maple



Just wanted to share a brief follow up. Maple is now sans splint and moving around very well, only a trace of favoring the right leg, but not a real limp.

She is using the dog-door to go in and out and particularly likes chasing the lizards in the back yard, keeping her busy. On Sunday we took our second trip to Carmel beach and she had a great time, making dog friends and chasing birds. Yesterday a friend brought over Rosie (yellow lab) for a dog date and they chased each other around the back yard. Whenever Rosie got distracted Maple chomped on the squirrel toy and the squeaky brought Rosie back to the game.

-Chris Hansen

Thank you Rescue Rep Dave!

Happy Endings – Kalib



Kalib was 120+ pounds when he was surrendered to us. He is now a slim, trim, swimming machine!

-Brenda & Doug Jorgensen

Thank you Rescue Rep Dave & Foster Parents Karthick & Priya Suri!

Happy Endings – Momo

Momo is so grateful for his toys; we've never seen that before! He gives them all equal opportunity... we've named the critter ones...he's got a toy box. Thanks, you guys!

-Kat Montgomery

Thank you Rescue Rep Liz!



Happy Endings – Ranger



Ranger's doing great! Peter takes him for long walks twice a day and I try to take him once a day. He behaves beautifully on leash. And we've been working with him every day to maintain all the good training Mahogany gave him. For the last 2 weeks we've been taking him

to the dog park and he's made lots of friends. He's so tired, he sleeps soundly in his crate every night and lately we let him sleep with the crate door unlatched and he doesn't leave until we're up in the morning. He loves the backyard and often he stays out there for hours without us. He always lets us know when he needs a scratch behind the ear or a belly rub by nudging us with his nose or rolling over on our feet. He is a wonderful addition to our lives and we love having him with us. Thank you GGLRR from the bottom of our hearts!

-JoAnne & Peter Coutrakon

Thank you Rescue Rep Dave & Trainer Mabogany!

Happy Endings – Quinn

All is great! We are in up in Tahoe for a few weeks and she is loving the swimming and hiking.

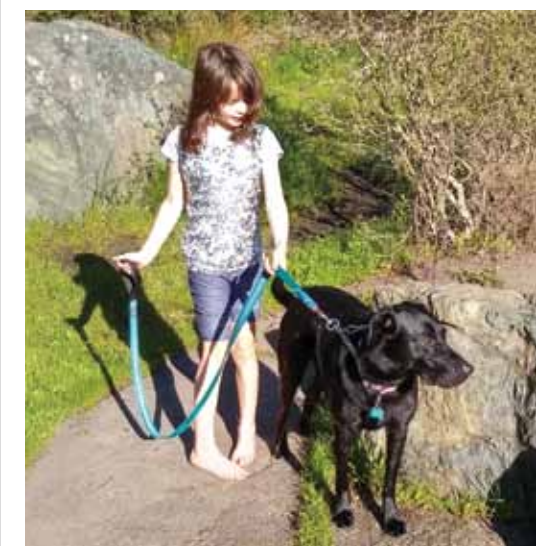
-Wendy Ware

Thank you Rescue Rep Dave and Foster Mom Debbie!



Happy Endings – Max

We have made a lot of great progress with Max and wanted to let you know how well he's doing! We are now very comfortable with him off leash at Point Isabel, and he gets



to run there almost every day. And he gets to run off leash at the dog beach sometimes too! We had a trainer come out to the house a few times and we are signed up for

a BravoPup class soon. There's still a lot of room for improvement in his behavior, but overall he is a wonderful dog who is fitting into the family very well. Thank you so much to both of you for everything that you do for the dogs, and especially for introducing us to Max!

- The Shanle-Daigle Family

Thank you Rescue Rep Kris & Foster Mom Linda!

Happy Endings – Shanti

It's like "Where's Waldo"? Can you find Shanti? Ahhhh... Napping by the pond. She's touched noses with cats, and had a nice hike in the woods. And naps!



-Nancy Frey

Thank you Rescue Rep Dave!

“We’ve fostered dogs who had been neglected or abandoned; they can provide unconditional love, but have no voice and depend on humans to ensure their safety and well-being; within a few weeks of love, good nutrition and a stable environment, we’ve seen them flourish. Helping improve their lives is the most rewarding experience for us.”



Kaleen Wu & Carter Cromwell
Fosters

Meet some more Volunteers!

Meet a few more of the many valuable volunteers without who GGLRR could not rescue and rehome so many Labs.



“As a long time volunteer (in many capacities), I enjoy meeting new friends ... 2 and 4 legged.”

Carol Turini
Foster, Home Visits,
Shelter Visits

“I love scaring up rescued dogs for deserving people.”

Dave Ely
Rescue Rep,
Board Member, Foster



“We volunteered to help the dogs, but the bonus turned out to be joining the wonderful Lab Rescue family. Cheers!”

Dale Jenssen & Tom Foster
Fosters



“After 40+ fosters (including some who never left, as you can see!) we are Lab addicts! We also admire and respect the other volunteers we’ve worked with over the years!”

Marilee Scholl & Steve Silberstein
Fosters, Home Visits,
Rescue Reps



Happy Endings – Bella & Zook

We’ve had Bella and Zook for over a year now. They are completely a part of the family! Zook is still his big, old, overgrown puppy self, and while it took a while, Bella has really warmed up to us. She was a little stand-offish and head-shy at first, but now she can be pretty pushy about seeking out affection from us.



Thanks again for letting us adopt them, and for the good work that you do.

*-Daniel, Deborah, Alec, David, Bella & Zook
Thank you Rescue Rep Dave & Foster Mom Martha!*

Happy Endings – Gabe

Gabe is a happy and healthy seven-month-old pup. He is pretty confident and loves every person and dog that he meets! He knows several commands and a couple of tricks like “spin!”, but we are still working on training him not to jump up on people. He seems to have inherited the Velcro gene from his vizsla dad and loves to be on my lap, lean against my leg or otherwise be in contact. Gabe loves to run, fetch (frisbees, balls, and hula hoop), play with stuffies, and play tug.



Thanks to GGLRR for entrusting me with this sweet, rambunctious boy—he brings me joy every day!

*-Amy Dobyans
Thank you Rescue Rep Liz & Foster Mom Elizabeth!*

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GGLRR Merchandise

Show your love of Labs and support of Golden Gate Labrador Retriever Rescue with our custom-designed **good girl.** or **good boy.** tee shirts, hats, and other GGLRR logo products. Order your **good boy.** and **good girl.** products at www.Labrescue.org/store or buy them at one of our Pet Fairs. Wear our Lab Rescue items to encourage people to adopt a Lab in need.



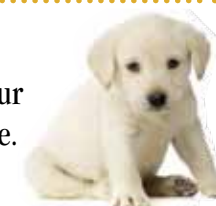
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When you do your shopping with Amazon, please make sure you are on AmazonSmile and you select Golden Gate Lab Rescue as your charity. GGLRR would love to increase their donations from this program; last quarter we received \$500. Go to <https://smile.amazon.com/> and select Golden Gate Labrador Retriever Rescue Inc. (Make sure each time you log into Amazon you switch to Amazon Smile.) You can tell as once you are logged in it will say supporting: “Golden Gate Labrador Retriever Rescue Inc.” at the top of the amazon page.



Youth Volunteer Program

Student volunteers, meet your volunteer hour commitment by volunteering for Lab Rescue. Go to www.labrescue.org/volunteer-youth.html for details. There are lots of different volunteer opportunities—find the one that suits you!



amazon.com wishlist

Did you know that we have an Amazon Wish List with items needed for the dogs? Have fun shopping and help needy Labs at the same time. Thank you for your consideration. www.amazon.com/registry/wishlist/PBYXNJ19EFYF/ref=cm_sw_r_fa_ws_HK-W8sb01X2KWB



Employer Gift Matching Program

Check with your employer’s HR Dept. to see if they offer a matching gift program. If they do, fill out the form and then submit it to the appropriate personnel. We’ll be happy to help complete any necessary paperwork to facilitate this process. GGLRR is already setup to receive donations from various Bay Area businesses.



Donations Make Great Gifts

For a special occasion, donate to GGLRR “in honor of” a special dog or dog loving person. GGLRR will also send a professionally printed card with our logo if you would like a card to be sent. We also acknowledge all our generous patrons in our newsletters. www.Labrescue.org/donate.html

Direct Financial Contributions Donation of Stock Estate Bequests

www.Labrescue.org/donate.html



Memorial

You can donate to create a Memorial for any special friend (human or canine) who has left us. You can just make a donation and tell us who it is for in the online donation form and we will send an acknowledgement to whom you designate.

Donate Stuff Supplies Kids Fundraising

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We Extend Our Thanks To You!

Thank you to all of our wonderful donors. Without you, we would not be able to continue to help the Labs that need medical care and/or new homes. Your donations make it happen!

Donors listed from April 2019 – mid-October 2019; we do our best to recognize all of our generous donors.

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Happy Endings – Arabella

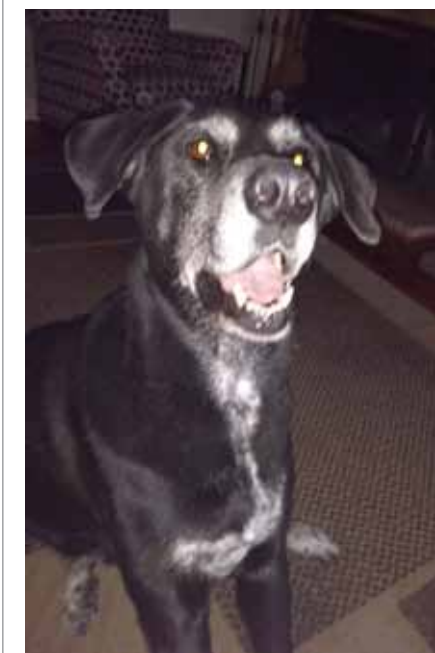
Almost 6 years ago Arabella, now known generally as Bella, came to her fur-ever home and she hasn't had a bad day since! The grandkids love her. She has a touch of arthritis now but she is loved and still enjoying life.



-Don McKinney

Thank you Rescue Rep Liz & Candace!

Happy Endings – Mayson



For the second time this week, our hallway door was open when we got home from work. The first time, Tom chalked it up to going back there for something and forgot to close it. *I know* I closed the door both times. Well, it seems Mr. Mayson Smarty Pants can open a door that has a horizontal handle (as opposed to a round knob). Now the kitchen

garbage can goes in the office (knob handle) while we're at work. He's no dummy, that's for sure! That's OK, I'd rather have a smart ass than a bump on a log!

-Vanessa & Tom Jager

Thank you Foster Parents Vanessa & Tom, & Rescue Rep Debbi!

More Thanks:

To all the dog transporters, Pet Fair volunteers, wonderful fosters, and others – we wouldn't be able to save as many dogs as we do without you!

- Balanced Behavior Dog Training / Dog Training / Caity Hastings
Balanced K9 / Mahogany Gamble / Board & Train
Bishop Ranch Veterinary Center & Urgent Care / Veterinary Services
Dr. Gilman, Dr. Weaver, Dr. Bain, Dr. Scott, Dr. Dodd, Dr. Peterson, Dr. Sagy
Cal West Pet Hospital / Veterinary Services, Fairfield (Dr. Kelly Palm)
Coast K9 / Jourdan Murphy / Dog Training & Assessment
Companion Animal Mobile Vet Clinic / Dr. Sue Buxton
Dogs in the Bubble / Iwona Bibillo / Assessment, Socialization, Training
Fango Fund Donors, UC Davis
Feathers & Fur Dog Training / Dog Training and Assessment / Jenna McDonald
Greg Flejtuch Design / Designer / Greg Flejtuch
Happy Tails To You Dog Training & Canine Corral Daycare / Dog Training, Assessment, Boarding / Dawna Caldwell and team, Lu Shoberg, Chris Smythe
Karen Gardner / Serial Adopter & Generous Donor to Senior Labs

- K9 Country Club / Dog & Cat Boarding / Tiffanie Brown
Kirkwood Animal Hospital / Veterinary Services, Campbell
Molly's Pup-purr-eee / Pet Fairs/ Tina Wong
MSI Printing / Printer / Jim Barnes
National Disaster Search Dog Foundation / Search Dog Training
Olivet Kennel & Dog Training Resort / Boarding, Training, Day Care / Sapir & Jane Weiss and staff
Onyx Worldwide / Merchandise / John Oda
Park Animal Hospital / Veterinary Services / Dr. Robert Arrick
Pet Food Express: Giving Tree, Pet Fairs & Food donations
Reed Animal Hospital / Veterinary Services- Dr. Reed, Dr. Armer, Dr. Veyra
Sage Campbell: Dr. Margot Daly and the physical therapy team
The Model Mutt / Dog Training / Esra and Pepa
Westside Animal Hospital-Santa Cruz, Becky Butler and Dr. Dave Shuman

Board Members:

- President..... Katy Jenkins Courtney
Vice President..... Dave Ely
Treasurer..... Liz Frome
Secretary..... Mary Gumilia
Fundraising Chairs..... Cindi Wilson, Federica Judica
Members at Large..... Debbi Behrman, Jennifer Dekker-Davidson, Bill Porter
Youth Coordinator..... Mary Gumlia
Thank Yous / PR..... Joann Munch, Laura Hearick
Growing Fosters / Foster Support..... Dave Ely, Jennifer Dekker-Davidson
Growing Donor Base..... Liz Frome, Federica Judica
Intake Committee..... Katy Courtney Jenkins, Dave Ely, Liz Frome, Debbi Behrman, Jennifer Dekker-Davidson, Kris Mousavi
Newsletter Head..... Debbi Behrman



Happy Endings – Goose

We wanted to share this photo with you of Goose and his "siblings"—we are so lucky and blessed to have him as part of our family.



-Mark & Jodie Penner
Thank you Rescue Rep Liz & Foster Dad Troy!

Happy Endings – Bean

Bean is a happy boy! I love him so much. We are walking about 6-8 miles every day. He cries every once in a while because he misses Maple and his family. If it's possible to arrange a play date with Maple, I'd love to do that. He seems to be afraid of other dogs, and yet he shows interest. I'm so happy he is in my life.



-Dianne Lynch
Thank you Rescue Rep Dave!

Update on Potential Link between certain diets and Canine Dilated Cardiomyopathy

You may have seen the FDA announcement in June 2018 that they were investigating reports of canine dilated cardiomyopathy (DCM) in dogs eating certain pet foods, many labeled as "grain-free," which contained a high proportion of peas, lentils, other legume seeds (pulses), and/or potatoes in various forms (whole, flour, protein, etc.) as main ingredients (listed within the first 10 ingredients in the ingredient list, before vitamins and minerals). Canine dilated cardiomyopathy (DCM) is a disease of a dog's heart muscle and results in an enlarged heart. DCM is not rare in dogs, but the FDA began the investigation because cases were reported in dog breeds that were not typically prone to the disease. Details about the investigation can be found in detail at the FDA's website under Animal Health Literacy (https://www.fda.gov/animal-veterinary/resources-you/animal-health-literacy, scroll down the page to see the link).



decreased energy, cough, difficulty breathing and episodes of collapse), and take your dog to the vet immediately should your dog display them. Be sure to tell your vet the kind of diet that your pet eats, including treats. In addition to treating your pet, your vet has access to an FDA reporting portal that will help the FDA in their investigation. The the Whole

Dog Journal suggests avoiding foods with peas or parts of peas (such as pea starch, pea protein, and pea fiber) beans (including chickpeas), and lentils, especially if they are higher than the 6th or 7th ingredient listed on the label, and if there is more than one type of peas, beans or lentils in the product.

The best thing to do is to educate yourself about this issue. Your vet is an excellent resource, and there are many other resources online (in addition to the FDA website), including:

- UC Davis School of Veterinary Medicine, https://www.vetmed.ucdavis.edu/news/link-between-dog-diet-and-heart-disease-information-resources
• The Whole Dog Journal https://www.whole-dog-journal.com/blog/update-on-grain-free-diets-and-dcm-cases-in-dogs/
• The Pet Nutrition Alliance, http://petnutritionalliance.org/site/pnatoool/what-are-some-specific-considerations-when-choosing-a-dog-or-cat-food/ (information on how to choose a dog food)
• Cummings Veterinary Medical Center at Tufts University, https://vetnutrition.tufts.edu/2019/07/dcmupdate/

In February 2019 and again in June 2019 the FDA published updates to their announcement. Essentially they are still investigating to see if there are in facts links between particular diets/dog food brands and DCM. As of this writing there is no final conclusion and the FDA has stated that "the agency believes that the potential association between diet and DCM in dogs is a complex scientific issue that may involve multiple factors."

So what can you do if you are concerned about the food that you are feeding your dog and any links it may have to DCM? The FDA suggests that, no mater what diet your dog is on, you be aware of the signs of DCM (DCM or other heart conditions, including

Santa Photos are coming!

Don't miss out on the upcoming Pet Fairs because they are the last Pet Fairs of 2019 and they are also Santa Photo shoots! Bring your pets and your family for an awesome picture with Santa! Get your holiday photos and cards and you help Lab Rescue at the same time. Plus, it is hilarious!
Pet Fair (no photos): Saturday, Nov. 23, 11am - 3pm.....Walnut Creek Pet Food Express

Saturday, Dec. 7, 11am - 3pm.....Walnut Creek Pet Food Express, Santa Photos by Mary Hooker
Sunday, Dec. 8, 11am - 3pm.....Redwood City Hill Pet Food Express, Santa Photos Photographer TBD

Saturday, Dec. 14, 11am - 3pm.....San Jose Pet Food Express, Santa Photos by Tonya Perme
Sunday, Dec. 15, 11am - 3pm.....Novato Pet Food Express, Santa Photos by Mark Rogers

Check the website for locations and updated information on Santa Photos, and check back throughout the year for dates and locations for other GGLRR Pet Fairs and events.



The Perfect Adoption – An Adoption Story from Tip to Tail

This is the story of a recent adoption where everything went right, and made everyone involved feel good. When our dogs come in as owner surrenders, the reasons for having to give them up vary. Often times it's a very difficult and selfless decision that people make to place their dog in our program. Families may struggle for awhile, making every effort to keep their beloved canine, but it can reach a point where they've exhausted all of their efforts and they realize their dog needs something they can no longer provide, whether that's a roof over their head, veterinary care, time and attention due to work or failing health. There are many reasons for a family to make the difficult decision to give up their beloved four-footed family member.



So along came Dexter – his owner had put him on social media and needed a home for him quickly. One of our social media gurus put me in touch with the owner, allowing us to connect, soon getting Dexter into our program.

Dexter was just adopted, and I've been keeping the former family abreast of how Dexter was doing in foster care as well as his recent adoption. I texted him a photo of Dexter with his new parents, and this was his reply.

Wow, look at him!! So happy. So emotional for us. We are happy that he has a loving couple to care for him. Thank you so much. You have made this difficult transition the best it can be. Please pass along the message to his new family, "We are happy that you have welcomed Dexter into your family. We wish you and him a life full of happiness. We know he will bring you joy and love as he did since with us from the first day we brought him home. We love you Dexter. Be a good boy!"

-Kris Ellen Mousavi

Help Wanted! Volunteers Needed!

Looking for a way to feel good and help out some wonderful dogs at the same time? Golden Gate Lab Rescue has the following "openings" for volunteers:

Foster Families – Open your heart and your home to a needy Lab while we find their new forever home. We provide the dog, supplies, and potential adopters, you just supply the loving home!

Social Media – GGLRR is looking for a few volunteers to help with our social media posting. We need people who can do postings on Facebook, Twitter, and Instagram! We will be splitting up the tasks so 2-3 hours per week would be all that is needed! (Most of the content will be emailed to the people who will be doing the postings.)

Lab Transport – Have a car and like to take dogs for a ride? GGLRR is looking for people to transport Labs around the Bay Area for vet appointments, Pet Fairs, from shelters to fosters, and so on. Feel good about using gas, drive a Lab!

Fund Raising – Labs like to eat! And darn, they need vet care! Things like spay/neuter, shots, and surgery. The only funds we have come from our wonderful donors, and we need more of them. If you like fund raising, we need your help!

Teen Pet Fair Volunteers – This is a great opportunity for younger volunteers to help Lab Rescue! We set up a table with Lab Rescue info and merchandise near the entry to the Pet Fairs, and our wonderful volunteers help raise awareness about GGLRR, sell merchandise and direct people to the Pet Fair.

Phone Reps – This very important position takes those first calls from potential adopters, possible surrenders, and people who just want to know more about Lab Rescue.

Contact: For all positions, please go to www.Labrescue.org/volunteer.html and complete a volunteer application form indicating your preferred position. You can also email us at Labrescuesfbayarea@gmail.com.

How to contact Golden Gate Labrador Retriever Rescue

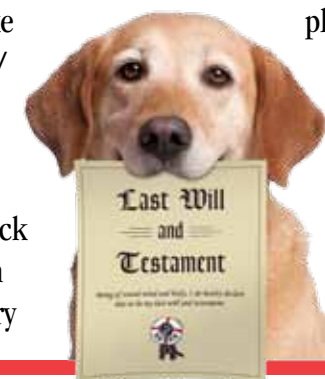
Mailing address: 268 Bush Street, #4322, San Francisco CA 94104
Website: www.Labrescue.org | **Email:** Labrescuesfbayarea@gmail.com

Local/Area Contacts		
408 Area Code Kris 415-652-6091 (call or text) krisellen.nm@gmail.com Mitzi 408-529-7616 (text only) Debbi 408-309-7830 (surrenders only) dragonflydebbi@gmail.com	415 Area Code Candace 415-860-5456 (text only) candacemora@hotmail.com Michelle 415-265-3652 (text only) shell316@comcast.net	510 Area Code Michelle 415-265-3652 (text only) shell316@comcast.net Susan 925-212-4468 (call or text) (surrenders only)
650 Area Code Jennifer jdavidson0516@gmail.com Katy 650-796-3596 (call or text) katy4gglrr@gmail.com	707 Area Code Judy 707-480-8469 (call or text) judee.tay@gmail.com Carol 415-246-0321 (call or text) cturrini@aol.com	925 Area Code Katy 650-796-3596 (call or text) katy4gglrr@gmail.com Dave 415-686-4248 (call or text) david.c.ely@sbcglobal.net (surrenders only)

Other Contact Information		
Donation Information	To make a cash donation on line: www.Labrescue.org/donate.html	To send a check: 268 Bush Street, #4322, San Francisco CA 94104
Donating through Amazon.com	Amazon Wishlist: http://www.amazon.com/registry/wishlist/PBYXNJ19EFYF/ref=cm_sw_r_fa_ws_HKW8sb01X2KWB	
Address Changes	Labrescuesfbayarea@gmail.com	
Volunteer Information	www.Labrescue.org/volunteer.html	
Newsletter Editor	Labrescuesfbayarea@gmail.com	
Website Problems	eccdugdale@gmail.com	

Other ways you can help Lab Rescue: Make a gift through your estate or a charitable trust!

Making a gift through your estate can be pretty simple if you have a will or living trust. If you would like to add GGLRR, consult with your tax planning/estate advisor to simply add Golden Gate Labrador Retriever Rescue, San Francisco California to your list of beneficiaries. Specify the amount and nature of the gift (cash or stock or property, for example). It's potentially even easier to give by making GGLRR the beneficiary



of a bank account, life insurance policy or retirement plan. If you'd like your donation to go to a specific purpose, you can make that clear as well. If it helps, our team here at GGLRR is happy to chat directly with you and/or your tax and estate consultants to help come up with a plan that works best for you and GGLRR. Your donation is always greatly appreciated, and will go directly to save the lives of Labs in Need.



About GGLRR, Inc.

Golden Gate Labrador Retriever Rescue, Inc. (GGLRR) is organized under the California Non-Profit Public Benefit Corporation Law for charitable and educational purposes. We have been granted nonprofit tax-exempt status under Section 501(c)(3) of the Internal Revenue Code. GGLRR is a private, nonprofit, all-volunteer organization.

GGLRR facilitates the placement of unwanted Labrador Retriever dogs into new homes. We are sought out by concerned individuals and humane organizations who come into contact with Labrador Retrievers. We have a spay-neuter requirement for all dogs that we place. Families residing within our Northern California service area who desire to adopt a Labrador Retriever complete an application form and are introduced to potential pets. Our purpose is solely to provide good homes for Labrador Retrievers who might otherwise be abandoned or euthanized by their previous owner.

Our service area is Northern California and covers six telephone area codes: 408, 415, 510, 650, 707, and 925. GGLRR has more than 200 volunteers. None of our volunteers receive any form of compensation for their time and effort, other than the pure satisfaction of matching a displaced Lab with a loving family.

GGLRR relies upon placement and adoption donations, fundraising events, and charitable donations for its funding. We suggest a minimum donation (currently \$400) for prospective families wishing to adopt from us.



If you prefer, you can also use PayPal to make a donation. Log onto www.Labrescue.org/donate and click on the PayPal icon.

Order your 2020 GGLRR Calendars!

The beautiful new 2020 GGLRR calendar is ready to order, with over 150 gorgeous Labs adopted from GGLRR. It also includes a **20% off coupon at Pet Food Express**. To order a copy for everyone on your



holiday shopping list, visit www.labrescue.org/calendar. You'll get the amazing 2020 GGLRR calendar, you'll provide desperately needed funds to save more Labs this year, and **you'll save 20%** on your next purchase at Pet Food Express. It's the perfect gift for everyone on your holiday shopping list!

For questions on how to order, please email Liz Frome – liz@jobhshopsf.com