



Golden Gate Labrador Retriever Rescue, Inc.

Winter 2015 www.labrescue.org

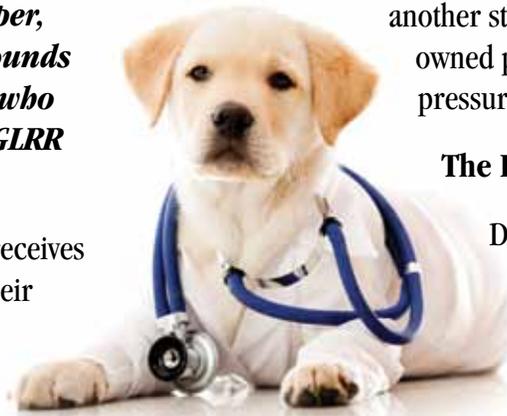
Can Dogs Keep You Healthy?

“In the nine months we’ve had Jasper, my wife and I have both lost 30 pounds and a lot of that I credit to Jasper who loves to go on walks with us.” – GGLRR adopter

Golden Gate Labrador Retriever Rescue receives many emails from adopters about how their adopted Labrador has changed their lives and health for the better. Now, a small but growing number of scientific studies shows this to be true. From the psychological and emotional benefits of pet ownership to the physical benefits, it makes sense to have a dog in your life.

One National Institutes of Health (NIH) funded-study looked at more than 2,000 adults and found that dog owners who regularly walk their dogs were more physically active and less likely to be overweight than those who didn’t own or walk a dog. Another NIH study showed that senior citizens who walked dogs walked faster and for longer periods than those who didn’t walk regularly.

While more physical activity and losing weight is a goal for many of us, most of the research studies have focused on the heart-healthy benefits of dog ownership. A 1995 study followed 369 people with cardiovascular disease over the course of one year. Those with dogs were four times more likely to be alive than those who didn’t have a dog. In



another study of 240 married couples, those who owned pets had lower heart rates and blood pressure, both at rest and under stress.

The Paws-itive Energy of Dogs

Dogs are truly “man’s best friend.” We’ve had a long co-evolutionary history (more than 12,000 years) and no other species can “read” each other as well as dogs and humans.

Many studies show that pets elicit a “relaxation response” in their owners and dogs curb feelings of sadness and loneliness. People with pets are generally happier and more trusting. They also visit the doctor less for minor problems. Researchers believe that the data shows a pet can provide the real benefits of a best friend, just like any human companion would.

“Cody (an Alzheimer therapy dog in a senior living community) is absolutely the perfect dog for his new life as a community therapy dog... sweet, intelligent, loving and eager to learn. The residents have embraced him completely, referring to him as “our dog.”

Dogs can also be an instant “ice breaker.” Several studies have shown that walking with a dog leads to more conversations and helps us keep socially connected. When

Continued on page 2

we are out and about with our Labradors, their wagging tails and happy eyes draw people in whether we are at a sidewalk café or at the local park.

“Jan now takes Kenta for walks at the grounds of the Veterans’ Home in Yountville, where he brings such love and joy to the guys there.”

Dogs and Kids

Several research studies have uncovered the special benefits of dog ownership for children. Babies exposed early on to animals tend to develop stronger immune systems. Children raised in families with pets may be less likely to develop allergies and asthma by as much as 33 percent. One study even found that babies in homes with dogs or cats had fewer colds and ear infections during their first year of life.

For children, a close relationship with a pet has important psychological benefits. Studies have shown that caring for a pet helps develop children’s social skills and empathy that will benefit them throughout their lives.

“It has been great for our kids to learn that we could rescue a dog and give her a better life... they are seeing the difference we have made for Coco... and it is great for us to see the compassion they are learning from this experience of rescuing a dog.”

So, pick up that leash and get out and about with your rescue Labrador. Both of you will benefit!

– Diane Demee Benoit

Happy Endings – Stella

It’s been a year since we rescued our Stella Bella. Like her name, she’s a beautiful star in our household. She provides endless cheap entertainment, from sleeping on her back in the middle of the family room to her gentle snores during her after breakfast nap. She loves everyone, and everyone loves her back. She has the best attitude! She loves her walk, and bounces through the whole 2 miles, even though she’s a little geezer, and needs another nap when we get back. She prances around with her toys in her mouth, shaking them and tossing them in the air. She rarely gives kisses, but oh my, when she does they are so gentle!

Stella was dropped on the side of a highway in Napa when her owner died. She was clearly a well-loved dog before that; well trained, gentle, easy going. Her terrifying



experience on the highway doesn’t seem to have scarred her; she settled into our house like she’d been here her entire life. Even though she came to us “trained”, we all

went to obedience classes because her humans needed the refresher. First basic obedience, and then “grad school”. She took a stab at agility, which was hilarious. None of the obstacles fazed her, we were sure she’d fall off the side of the ramp, but with a treat just in front of her nose she was grace personified! That white bar she’s supposed to jump over? What do you mean over? She thought over, around and finally just barreling through it were all just fine! We

learned a couple of tricks; watching her work on “roll over” just cracks us up.

While we’re really sorry for Stella that she had to go through all she went through when she was abandoned, we are selfishly happy that she’s now with us. We always think our current dog is the best ever, but Stella is really the best!

– George & Debbi Behrman



Last Chance Labs Boarding Fund



Have you ever noticed a line like this in one of our bios: “DOG is currently at our boarding facility in Smalltown while we look to find a foster home for him.” We hate having to put a line like that in our bios, but sometimes we just don’t have enough fosters, and we really have to take a Lab, often to save his/her life because their time is up at a shelter. We are really lucky to have a number of great places



having access to boarding helped to save his life. Tib is an adorable puppy, about 6 to 8 months old, who was found as a stray and ended up in the Ukiah shelter. During the day he would get to play with a variety of dogs in doggy play groups. Because Tib was a stray, we didn’t know anything about him. It might not seem like much, but even just learning that he was great with other dogs was helpful in finding the right forever

who will allow us to board our dogs with them in a situation like this, but it doesn’t come without a cost. Sometimes we need boarding for a couple or days; sometimes it’s a couple of weeks. It’s especially painful to have to board a dog when they come from a shelter environment; the last thing we want for them is to go back into a run. And the kennels we work with provide us with other services too; often they will observe the dogs and provide good guidance on issues a dog may have, and the kind of home that they

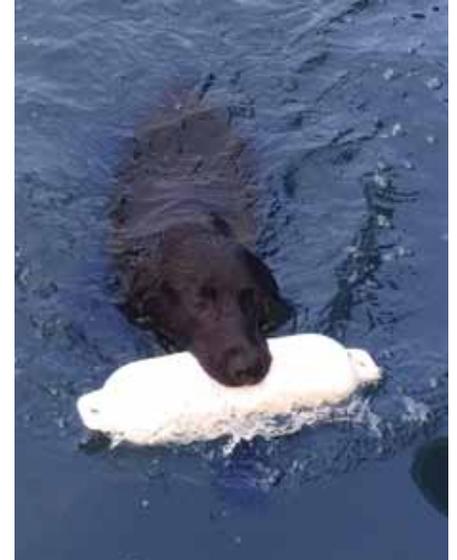


need. Sometimes they even work with the dogs to address issues and do some training. But it’s not free, and as the number of dogs surrendered to us increases, we find ourselves needing more and more boarding time.

Tib (short for Tiberius) is one of the dogs where

home for him.

To help us defray the cost so that we can continue to take in these truly last chance Labs, we are establishing a Boarding Fund. We’d like to never have to turn away a deserving dog because we don’t have the space, foster, or funds to take them in. Can you help?



To help dogs like Tib and donate to the Boarding Fund, go to www.labrescue.org/donate, follow the instructions on the Donations page and designate “Boarding Fund” in the text box. If your employer has a company match program, please contact your HR department to find out how you can have double the impact.



Save a Lab (or 2!) – Behavior & Training Fund

Josh has separation anxiety. Guinness has leash reactivity. Smokey jumps up on people. Marley needs help with his leash skills. Samson was a backyard dog and thinks his job is to guard. These are some of the things we hear from owners when they are surrendering their dog...or more often, we hear this from fosters, as the dogs are settling into their new temporary homes. You have probably seen some of these things in the dogs' biographies on our Adopt pages. The following statistics come from a variety of sources (the internet is a wonderful thing!) such as the ASPCA:



Guinness – a Behavior Fund success story

- Nationally, about 4 million dogs enter animal shelters nationwide, every year. Of these, roughly **1.2 million dogs** are euthanized
- **Behavior problems are the number one cause of relinquishments** to shelters
- **Behavior problems are the number one cause of euthanasia in healthy animals**
- 16% of owner requested euthanasia requests in shelters **are due to behavior problems**

While dogs in shelters are euthanized for many reasons, including lack of space, age, health and behavior issues, if we do the math, we can see that around 192,000 each year are euthanized for behavior issues alone...and that is just in shelters at the owners request! While some of these dogs had severe issues (i.e. biting, aggression) others were healthy dogs whose owners just couldn't handle them.

Behavioral issues can be caused by many things, including lack of proper socialization and lack of training and leadership. Sometimes the dog has been abused. None of these things are the dog's "fault" but they can lead to many of the phone calls we get at Lab Rescue. We do our

best to assess dogs and identify issues before taking them into our program, but owners sometimes don't give us the full story on a dog's health or behavior, and when we get dogs from shelters, a dog's past and behavior are a mystery. So problems show up when the dog is with their foster.

Fortunately, at Lab Rescue, we have relationships with wonderful trainers and behaviorists who work with the dogs to resolve their issues and prepare them to be a wonderful family dog. This can include fostering the dog, rigorous

obedience training, and highly "personalized" (dog-ized?) training to address a dog's individual needs, whether its fear, separation anxiety, reactivity to other dogs, to name a few. These services take time and don't come cheap, but just like medical rehabilitation, we provide emotional or behavioral rehabilitation for an otherwise healthy dog that is an adoptable dog. And we are seeing more and more dogs who require behavioral help.

Guinness, a 3 to 4 year old male black Lab, is one of those dogs. Guinness was aggressive towards other dogs. His family had a young child, and his mom was unable to take Guinness on a walk and manage a child in a stroller at the same time. Consequently Guinness had no socialization and very little exercise. His family called Lab Rescue for help.

Rescue Rep Dave met and evaluated Guinness. Because of the leash aggression, Dave wanted a second, professional opinion, and brought trainer Beth Peterson to do a second evaluation. Working with her own 2 dogs, Beth met Guinness, saw the aggression, but felt it was manageable. Lab Rescue took him into our program, and sent him to trainer/foster Todd Jurek, who worked with Guinness for around 3 weeks, focusing particularly on leadership and exercise to bring Guinness past his behavior around dogs.

Once Guinness was ready to be adopted, Todd provided his adopters with 2 lessons with Guinness, so that they would be able to continue with the leadership that brought Guinness past his aggression with other dogs.

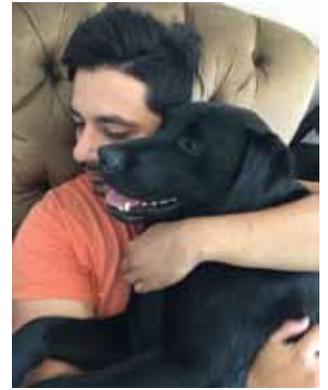


To help other dogs like Guinness, we have established a “**Behavior Fund,**” so that Labs, like Guinness, who have resolvable behavioral or emotional issues become the wonderful family dogs they can be. To donate to the **Behavior Fund,** go to www.labrescue.org/donate, follow the instructions on the Donations page and designate “Behavior Fund” in the text box. If your employer has a company match program, please contact your HR department to find out how you can have double the impact.

And as for Guinness... he was adopted by a family with a young child in a stroller. He’s doing great on walks with his family, plays off leash with other dogs, and is the wonderful dog we thought he would be. His family loves him, and he is doing great! 🦴 🦴 🦴 🦴 🦴 🦴 🦴

Happy Endings – Gus

We got Gus on Valentine’s Day, 2015, and since then he has become the love of our lives. His unconditional love for us and our love for him cannot be put into words. In the few months that we’ve had him, Gus has integrated into all aspects of our lives, he goes everywhere with us and participates in all family activities with gusto – he isn’t part of the family, he is family. We both work from home so we’re lucky enough to be able to spend every hour with our furry little baby by our side. He loves his morning walks when he gets to run and play in dewy grass with his mom. After lunch we all go out for a short stroll as a family of three, and Gus sniffs and inspects every bush, corner, nook and cranny with intensity. His favorite part of the day is his evening playtime sessions with his dog friends at the park next door – they chase balls, Frisbees, play keep-away with sticks, play tug, and wrestle. Before going to bed, we all snuggle up in bed and watch a documentary or a movie. Often, we fall asleep with Gus between us (and we wouldn’t have it any other way). We love him dearly and are forever indebted to GGLRR for giving us Gus. We thought we’d be rescuing Gus – giving him the love and care that he deserves; now we wonder who rescued whom? Thank you GGLRR!
(Check out Gus’s photo blog: <http://littleguppy.weebly.com/>)



–Abbas Mehdi & Somaira Punjwani

Happy Endings – Duke



I wanted to take a few seconds and thank all three of you for making it possible for us to adopt Duke. I’m pleased to say that he has integrated into our family very comfortably over the past few weeks. We have gotten to know him, and him, us, through a delightful (mostly) learning experience. It has been a joy for me to have (at last) a dog that LOVES to play fetch. And for Carla, Duke makes her smile and laugh throughout the day. She has taken a very active interest in his well-being. Great to see!

The work you do and the commitment you make to securing homes for your dogs is nothing short of amazing. Duke and the Stangels are significant beneficiaries of that commitment. Thank you!

–Gene & Carla Stangel

Happy Endings – Hunter

Hunter has adjusted so nicely to our home. He has been sleeping every night in his crate and getting plenty of exercise during the day. Jenifer and I have been taking him on a run in the morning, a walk/run at lunchtime and a hike at night. He is really tired at the end of the day so we know we are doing a good job!

We only had to leave him home for a few hours and we put him in the crate and he did fantastic. He has been amazing when I work at home too, he knows when it is nap/chew on a bone time and when it's play time.

Last weekend we took him to the mountains for camping with Jen's family. They have a chocolate lab we mentioned to you guys and the two of them got along great. They were playing with each other and the Chocolate even taught Hunter how to lap water properly instead of chewing it. He was great in the mountains, loved the rivers and streams.

As far as leadership and training goes, we have taught him



to shake on command, taught him to not go into the street in the front yard when we walk outside, keeping up his leash skills, working on his fetch skills and focus in the park, taught him to jump into his crate in the car. We are

really happy with the progress he is making! It's so rewarding to see him behave so well, makes all the training effort worth it.

Probably the hardest part of having Hunter has been the attention!! Seriously though, walking him around Pleasanton everyone stops and talks and says how well mannered and beautiful he is. I took him to a work Happy Hour and

everyone was all over him. He loves people, and all dogs. He does have a thing for squirrels though!

We are overjoyed with Hunter and how amazing he is as part of our family. He is 100% the dog we wanted and more. We thank you both for selecting us as his new family and look forward to many happy and healthy years with the big guy!

–Jeff & Jen Spinardi

Happy Endings – Rex

Here's a another positive Lab Rescue follow-up on Rex that we adopted June of 2014. I thought you, as well as his previous owner, Lee Petersen, Jr. might like to know how Rex has adjusted to his new home and family.



We had just lost another GGLRR lab rescue, Twister, after four plus years, which was a very sad loss for our family. Rex definitely filled the void. He's a very active happy, healthy lab that loves people and dogs...very social. He has such a sweet

loving nature so typical of the lab breed. Rex loves the water and enjoys going to Carmel and walking along the beach.



Thank you GGLRR and Liz for bringing us together with this wonderful dog. Someone loved Rex and it shows. We can't thank you enough for the wonderful contribution you and GGLRR do each and every day for this breed. We will be back!

– Marty & Jo Ellen Barnes

Happy Endings – Bella

Bella loves her new home and we love her. She is a wonderful joy every day! All our friends adore her. She goes everywhere with us. Bella has stayed at Olivet Kennel overnight plus play days. All of Sapir's staff tell us



Bella has no issues at all, they enjoy her. Her first over night was an emergency... I had my appendix removed. Bella knew for three days something was wrong with me. She stuck to me like glue, her head was always nuzzling me and she cuddled with me. Mark even commented Bella is your dog—look how she loves you. Well, late Sunday evening over Labor Day weekend, I ended up in emergency surgery.

Bella is a gift from heaven! We can't thank you enough.

—Elanie Fink

Happy Endings – Cooper

Cooper (formerly known as William and later Ozzie) came to GGLRR from the Sonoma County Animal Shelter where he'd been picked up as a stray.



Gary reports: "I must say that after spending nearly a week with this dog, Pam and I believe we may not be worthy of this incredible puppy. He is one of the most loving, sweet, funny, beautiful, intelligent dogs that either of us have ever had the opportunity to know...much less be honored with the opportunity to give care to. Thank you...from the bottom of our hearts for your decision to make us your choice. In Cooper's short stay with us, I believe he would thank you as well. He is very happy. His presence makes us very happy."

—Gary Schroeder

Happy Endings – Jasper

Did you ever have a dog that you didn't think you could ever replace? One you raised from a puppy and



grew up with your kids? A member of the family that gave you endless amounts of joy? Protective, yet full of love? That is how my wife and I felt about Dusty, our yellow Lab who died about two years ago from a large tumor. When she died we were heartbroken, and unsure if she could ever be replaced.

We adopted a dog, but he wasn't the right fit for us and had to be returned. Then, a couple of months later, we were contacted by Kris with GGLRR about Jasper. Jasper was a black male almost 7 years old. He had been with a loving master, but unfortunately a rapidly growing family didn't leave room for him. When we first met Jasper at his foster home, I knew immediately he had been very well trained and cared

for. A short walk saw him move to my side and stay there the whole time, never pulling ahead or stopping to check out the sights and smells nearby. The foster family told us his history and indicated he had a gentle soul, and I could sense that in him. We slept on it and decided to give Jasper a new home.

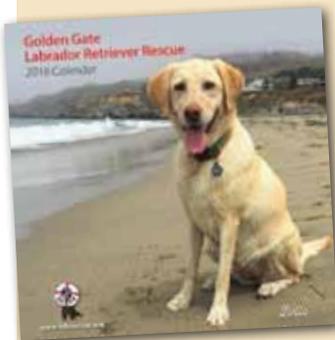
After a couple of days, Jasper fell right into our routines, and quickly became part of this new family. He has a loving personality; although I do call him our FOMO dog – fear of missing out. If someone gets up and leaves the room, he wants to go with them to see what they're up to.

Jasper has been an important cog in our weight loss regimen. In the nine months we've had him, my wife and I have both lost 30 pounds and a lot of that I credit to Jasper who loves to go on walks with us. He has also quickly adopted our now older sons as his brothers and loves to sleep with Zach, our youngest at 19 years, who is back for the summer from UC San Diego.

Dusty will never be replaced in our memories, but Jasper has moved into our hearts.

—Clay & Liza Wallace

Get your 2016 Calendar!



The 2016 GGLRR calendar is here, featuring 199 gorgeous Labs adopted from us!

Our calendar also includes a 20% off coupon at Pet Food Express®! Please visit www.labrescue.org/calendar to order your calendar showing

these lucky Labs now enjoying California beaches, parks and places in and around their forever homes. Order one for everyone on your holiday list. You'll get a beautiful Lab calendar, support rescue efforts by helping raise much needed funds to save more Labs, and save 20% on your purchase at Pet Food Express. It's the perfect holiday gift for everyone on your list!

If you have any questions on ordering, please email liz@jobshopsf.com

Happy Endings – Miles

Things are going wonderfully – it feels like we've had Miles forever. We've already done so much – weekly trips to the beach, two backpacking trips (he loves his pack!) – we discovered that he really loves swimming (just not in pools I guess!) The vet thought he may have some hip issues so we've got him on supplements. And the staff at daycare tells us that he has a Lab girlfriend that he loves to play with – Daisy! All in all, we think Miles is really happy and I know that we are over the moon. We love our family!!



Thank you Debbi for all you've done for us and Miles. GGLRR is a wonderful organization thanks to terrific volunteers like you!

–Kelly & Connor Moore, & Miles

Happy Endings – Boomer

Boomer...from "Free on Craig's list" as a 4 month old puppy at 39 pounds (Not ever, ever, ever a choice to post that way) to the sweetest ever dog in the world now 4 years later and counting. Not that we don't love Maizy, our other rescue dog, but Boomer from day one has captured hearts wide and far.

God gave him such a big heart he had to have a big body...all 115 plus pounds of him. He's an ambassador for rescue and has helped keep big



(older..not bigger) sister young at heart. .. (Hall monitor that she is). Boomer has been a wonderful addition to our family and has made it easy to continue to foster and help others. Thank you Lab Rescue for enriching our lives!

– Carol & Vince Turrini

Happy Endings – Charlie

Charlie boy is great! He sits at the door now and will listen to us when we tell him to get back and sit. I haven't tried leaving the door open to see what he does, but that is for a later time. He's in the routine of me leaving in the morning and coming home in the afternoon. He tries so hard to be good and listen. We are all so happy he is part of the family. There was a little situation with chicken thawing on the counter for dinner that wasn't there when I got home, but now we know to put it where he can't reach it. There have been no episodes with seizures. He continues to be cautious with other dogs and seems to do better with large dogs than small. He met my sister-in-law's guide dog and when he discovered she was female, he was VERY interested. He's a funny, sweet boy and we couldn't be happier!



– Kim & Warren Richter

Santa Photos are coming to town!

Don't miss out on the upcoming Pet Fairs because they're the last Pet Fairs of 2015 *and* they are also **Santa Photo shoots!** Bring your pets and your family for an awesome picture with Santa! Get your holiday photos and cards and you help Lab Rescue at the same time. Plus, it is *hilarious!*

Get beautiful pictures of your pets with Santa, and order your Lab Rescue holiday cards with those beautiful photos!

Bring any and all of your pets: dogs, cats, children are all welcome and can be included in the photos. All photography is done by professional photographers.



December Pet Fairs / Santa Photos:

November 28th:	Molly's Pup-Purr-ee on Hartz Ave., Danville	10am - 2pm
December 5th:	Pet Food Express on S. California Blvd., Walnut Creek	11am - 3pm
December 6th:	Pet Food Express on Diablo Ave., Novato	11am - 3pm
December 12th:	Pet Food Express on Woodside Rd., Redwood City	11am - 3pm
December 13th:	Pet Food Express on Blossom Hill Rd., San Jose	11am - 3pm

Happy Endings – Sophie

The thing about rescue is that your “job” is never done. You don't complete a rescue and resume back to normal life.

For every dog you save, there are three times as many waiting to be saved. It weighs on your mind and heart in a way so constant that you wonder if there will ever be a day where your “job” is done. A day where you will have relief knowing that all deserving animals are cared for and loved. The realistic me knows this day will likely never occur in my lifetime, but the dreamer in me continues on, dog by dog knowing there is hope.

Meet Sophie Jewel. She was a stray in the Stockton shelter and while we don't know her story for sure, her body tells us what she has been through. Her stretched out tummy skin tells us she has had puppies. Probably multiple litters from some heartless backyard breeder. Her front teeth ground down to nubs tell us that someone kept her locked in a kennel and Sophie chewed on the metal desperate to



get out. Her skin and missing hair tells us someone did not get her proper vet care when she needed it. These are the stories we see from Sophie physically. Sophie's spirit tells a different story. Her wagging tail, loving personality, and excitement at human interaction tell us to always have hope and always believe something great will happen. Something great has happened for Sophie. She has been rescued by GGLRR (Lab Rescue) where she will be given the love, rest, and medication she needs to recover. This will take some time, but we know that our Sophie Jewel, our diamond in the rough will be the gorgeous yellow lab she once was. In the meantime, we will tell her she is beautiful every day. Thank you Laura for fostering her!

Editor's Note: Sophie now lives in Willow Glen with a wonderful family, including a chocolate Lab brother and sister her same age. Sophie is healing well and loving her new family!

– Morgan Justice

We Extend Our Thanks To You!

Thank you to all of our wonderful donors. Without you, we would not be able to continue to help the Labs that need medical care and/or new homes. Your donations make it happen!

Donors listed from April 2015 – Sept. 2015; we do our best to recognize all of our generous donors.

\$5-\$50 "SHOTS & FIRST EXAM"

Pauline Alevizos
Jan Anderson
John & Ruth Antonini
Patricia Bentivogli (for Jake's dental work)
Daryl & Holly Biancucci
Joanne Boldt (in memory of Orlando)
Jeanine Carter (in memory of Lucky Carter)
Joshua Chaddock
Gary Cimina (in honor of Jeb)
Brenda Colaprete
Trudi & Roberto Cole
David Daines
Amy Davis
Lora Lee Del Rosario
Camille Deriso
Kenta Duffey
Marie-Anne Emrich (in honor of Patty Baker)
Katherine F Fisher
Alfred Flejtuch
Peggy Kredel and Richard Flemmer (on behalf of Jake adopted by the Erb Family)
Susan Freeman (in memory of Sante)
Lauren Garcia (in memory of Luke & Whitney)
Diane Garfield (in memory of Mason)
Charlie & Donna Grant (in memory of Riley)
Mary Gunter
Tammy Halley
Julie Hampton
Happy at Home Pet Sitting Service
Felicity Hartnett
Stephanie Hinds
Deborah Ivaldi-Pitcher (in memory of Pee Pup Gale)
Susan Kalebic (in memory of Ronald Lewis Jankowski)
Catherine Karagueuzian (in memory of Molly)
Maxine & John Korntved
William Kraus

Patrick Lannan
Eric Larkin (in memory of pets Walter and Merry)
Ramona Lull
Ramona Lull
Rebecca Macedo
Beverly Jeanne E Mager (in honor of pet CCI Bebe)
William & Brenda Maurer (in memory of Harry Familetti)
Roberta Mora
Michael & Ann Morris (in memory of Paris)
M. B. Stoney & Carla Moss
Susan Pillsbury
Julie Pon
Cheryl Ramos (in honor of Lizzie)
Sheri Rosen
Mr. & Mrs. William Rybensky
Lindsey Scholley
Barbara Schreier
Rachel Shuler (at the request of Dede Dunegan)
Mary Ellen Stamos
Doug Sutter
Thomas Tai-Seale
Carol Turrini (thank you Liz & Jim)
Cheryl Warner (in memory of Bodie)
Edwin/Joan Williams/Halverson
Laura Winter
Sean Yost

\$51-\$100 "LAB TESTS & BLOOD WORK"

Dena Anderson (for Jake's dental work)
Jennifer Behrens (in memory of Splash)
Margaret Blunt (in honor of Dr. Laura Robertson)
Marilyn Brosnan (to benefit Mason)
Jack Bynum
Sue Caballero (for placement of Cooper)
Kathryn Dann (in memory of Sante)
Ms. Lane T. Fairbank
Waltraud Finch
Nancy Frey (in memory of Moxy and for seniors with special needs)
David & Judith Gremer (in memory of Jake)
Chiara Hanna
Tracy Harcourt
Karen Hilliard
David Iventosch
William Klemme (in memory of Becky)
Jeff Kramer

Tony & Patty Kulich
Jeffrey Levenstam
Robin Lewis (in memory of Hunter and Magnum)
Patricia A Linder (for Queen B)
Colleen Loop (in memory of pet Rigby)
Susan MacDonald
Evie McClintock
Julie McGuire (for any needed surgery)
Julie McGuire
Ronald & Patricia Miller Trust (in memory of Monty)
Katherine Moore
Donna Mosich
John Oda (in memory of Oscar and Kika)
Faith Pacifico
Amy Powell
Paul Purchard (in memory of Yodels)
Howard Rosenfield
Deedee Ruxton (in memory of Amy)
Jack and Jane Ryan (in memory of Jacqueline Thompson)
Adina Sara
David Share
Patrick Stanton
Donald Tobin
Susan Wellman
Mike Wilcox
Wylie Animal Rescue Foundation (for Max)

\$101-\$250 "SPAY / NEUTER"

Carrie Asprinio
Richard Bartlett
Patrick Bell (in memory of Shafer)
Caroline Belloni
Eileen Bosch
Eric Bower (in memory of Bellamy)
David Burke
Janis Cherry (in memory of Megan)
Georgia Cornell Trust (in memory of Joey)
Matthew Costamagna
Carter Cromwell (in memory of Donadon)
Greg Flejtuch, Marla Filipponi, & Sifa
Yelena Gladysheva (in memory of Rudy)
Michael Hamburge
Clarissa Johnson
Miki Kwan
Vanessa McDonnell
Tina Richards

Toni Spicer
Brett Strader
Mark Walp
Eileen Walsh

\$251-\$500 "MEDICINES & PROCEDURES TO MAKE A DOG WELL"

Jennifer Banmiller (in honor of Sarge)
Marc Cohen
Victor Dalot (for Mason's surgery)
Michael/Darci Dong/Whitley
Thomas & Janelle Downs
Janet K. Fendyan
Shanthi Kannan
Andrew Knez
Matthew MacMahon
David McMahon
Mark McMillan

Dudlie Miller (in memory of Dudlie Miller)
Donald Powell
Mike Soby
Bridget Wilson

\$501-\$1000 "SPECIAL SURGERY"

Christine Kendrick
Peggy Kivel
Penni Lundquist
Maureen McClain
David & Deborah McEuen (in memory of Buddy;
for Mason's surgery)
Donald & Kathy Phelps

\$1001+ "ORTHOPEDIC PROCEDURES"

Liz & Jim Barnes (for the senior dogs)
Anne Dondero

David Ely (for training/rehab)
Gately Foundation (in honor of Sophie)
Karen Gardner (in memory of Queen B)
Michael & Ann Parker
Wallis Foundation
Dr. Jill Sideman (for Mason's surgery)

AMAZON WISH LIST DONATIONS

Little Family Members
Rebecca Macedo
Kristine Yolland

OTHER DONATIONS

Bob and Elaine Baker
Donna Lizardo
John Pierre
Jeffrey Wisdom

Rescue Reps & Volunteers:

Candace Alexander	Beth Amsel
Debbi Behrman	Susan Betfarhad Pfau
Joan Bonagan	Janis Cherry
Michelle Cody	Betsy Dugdale
Jennifer Dekker-Davidson	Tom Foster
Laura Dohrmann	Barbara Guerra-Jankowski
Dave Ely	Mary Gumlia
Liz Frome	Laura Hearick
Kathleen Hirschfeld	Loreen Hewitt
Marilyn Hoffpauir	Katy Jenkins-Courtney
Dale Janssen	Morgan Justice
Sandy Markuse	Geri Markey
Allison Mortimer	Kevin McCarthy
Kris Mousavi	Marilee Scholl & Steve Silberstein
Darcy Parkyn	Annie Trimpe
Judy Taylor	Cindi Wilson
Carol Turrini	Kaleen Woo

More Thanks:

To all the fosters, dog transporters, Pet Fair Volunteers and many others—we would not be able to save as many dogs as we do without your help!

Animal Hospital of Sebastopol/Veterinary Service
Bishop Ranch Veterinary Center & Urgent Care/Veterinary Services/ Dr. Gilman
Balanced Behavior Dog Training/Dog Training/ Caitly Bruttig
Companion Mobile Vet / Dr. Sue Buxton
Happy Tails to You Dog Training/Dog Training & Assessment/ Dawna Caldwell
Greg Flejtuch Design / Designer/ Greg Flejtuch
K9 Country Club / Dog Boarding / Tiffany Brown
Feathers and Fur Dog Training/Dog Training and Assessment/ Jenna McDonald
Kirkwood Animal Hospital / Veterinary Services
Onyx Worldwide / Merchandise / John Oda
Molly's pup-purr-ee / Pet Fairs / Tina Wong
Olivet Kennel & Dog Training Resort / Boarding, Training, Day Care/ Sapir Weiss, Jane Weiss and staff
Park Animal Hospital / Veterinary Services / Dr. Robert Arrick
Pet Food Express
MSI Printing / Printer / Jim Barnes
National Disaster Search Dog Foundation / Search Dog Training
Foster/Remedial Dog Training / Todd Jurek
And all of our wonderful fosters who take our Labs into their homes until their forever home is found.

How to Support Lab Rescue

GGLRR Merchandise

Show your love of Labs and support of Golden Gate Labrador Retriever Rescue with our custom-designed **good girl.** or **good boy.** tee shirts and hats. Order your **good boy.** and **good girl.** products at www.labrescue.org/store or buy them at one of our Pet Fairs.



Wear our Lab Rescue items to encourage people to adopt a Lab in need.



When you do your shopping through AmazonSmile, select Lab Rescue as your charity, and Amazon will donate a portion of the purchase price to us. Get a jump on your holiday shopping at www.smile.amazon.com



Make **goodsearch** your default search engine and designate GGLRR as your cause. Goodsearch will donate 1¢ every time you use it, and believe it or not, the pennies add up. Especially when a whole bunch of people are using it. Go to www.goodsearch.com

GGLRR Holiday & Greeting Cards



Beautiful birthday, friendship, sympathy, get well, thank you, and even blank note cards, all feature our GGLRR Labs. Half of the profits go directly to GGLRR. Order yours now at www.SecondChanceGreetings.com



The next time you shop online, sign up and shop with **goodshop**. Simply designate GGLRR as your cause and begin shopping at online stores you already shop at like Amazon, Nordstrom, Target, and hundreds of other retailers. The retailers donate a percentage of your total purchase to your cause, at no extra cost to you. They even keep a tally so you can see how much you're earning. And **goodshop** retailers offer incredible on-line coupons you can use immediately. Go to www.goodshop.com



We've set up an Amazon Wish List with items needed for the dogs. Have fun shopping for the dogs and thank you for your consideration.

www.amazon.com/registry/wishlist/PBYXNJ19EFYF/ref=cm_sw_r_fa_ws_HKW8sb01X2KWB



Corporate Volunteer Hour Match Program

There's a chance that you work for a company that matches the hours you spend volunteering by providing donations to your favorite organization. Many companies will match an employee's time volunteering with a financial gift to the nonprofit – and the donations help us do important things!

Employer Gift Matching Program

Check with your employer's Human Resources Dept. to see if your employer offers a matching gift program. If your employer offers this program, fill out the form and then submit it to the appropriate personnel. We will be happy to help complete any necessary paperwork to facilitate this process. GGLRR is already setup to receive donations from various Bay Area businesses.

Don't just take your dog for a walk... Take your *Walk for a Dog!*

Support your local animal organization simply by walking your dog! Use the app each time you grab for the leash. It's healthy for you, your dog, and your favorite shelter or rescue.

Every *Walk for a Dog* counts, whether it's a walk around the block or a three-mile hike. Magnify your impact by sharing the app with your friends and family. Consider making a personal gift to the shelter or rescue you are walking for—right through the app.



The more people actively walking with the app, the greater the benefit to your selected animal organization!

www.wooftrax.com

Donations Make Great Holiday Gifts

With the holidays coming up you can make donations to GGLRR "in honor of" a special dog or dog loving person. GGLRR will also send a professionally printed card with our logo if you would like a card to be sent. We also acknowledge all our generous patrons in our newsletters.
www.labrescue.org/donate.html

Memorial

You can donate to create a Memorial for any special friend (human or canine) who has left us. You can just make a donation and tell us who it is for in the on line donation form and we will send an acknowledgement to whom you designate.

Direct Financial Contributions Donation of Stock Estate Bequests

www.labrescue.org/donate.html

Donate Stuff Supplies Kids Fundraising

www.labrescue.org/volunteer-youth.html



We are an all-volunteer organization with no offices or overhead (volunteers work out of their homes), so your donations go directly to helping Labs in need for expenses like shelter fees and medical care (shots, microchipping, spay/neuter and other vet care often needed by abandoned dogs).



Puppy Reunion!

I have loved being a foster for GGLRR since February 2014 and have partnered with my 17-year-old daughter to provide a home for many dogs with varying backgrounds. Given my experience whelping litters of puppies and my house set up with a separate room and entrance to the backyard, we have become in essence the “whelping center” for GGLRR. This started in October 2014 when we got a sweet lab/hound mix from Oakland (who we named “Olive”) who was expecting. She settled in quickly and two days later she gave birth to 12 healthy puppies! We made sure they all were fed by Mom and had a solid group of volunteers

helping through the process. It was great to work with GGLRR as we screened and met people who eventually became owners of 11 of the puppies (yes, we kept one!) and Olive. In fact, we recently had a one year reunion with all but one of the families and I was thrilled to see how sweet and playful every single one of these dogs are, just a year later. Thanks to GGLRR for making a difference in the lives of these sweet animals and for these adopting families. It is so satisfying to be a part of providing a home and safe environment for these puppies and dogs before they find their forever family homes.

— Elizabeth Lowe



How to contact Golden Gate Labrador Retriever Rescue

Mailing address: 268 Bush Street, #4322, San Francisco CA 94104

Website: www.labrescue.org

Email: labrescuesfbayarea@gmail.com

Local/Area Contacts

415 Area Code Candace 415-860-5456 (call or text) Michelle 415-265-3652	650 Area Code Jennifer 650-430-5357 dekker3073@aol.com (text or email)	707 Area Code Judy T. 707-480-8469 Carol 415-892-4674
408 Area Code Kris 415-652-6091 (call or text) Joan 408-416-1680 (call or text) Debbi 408-613-2044 (surrenders only)	510 Area Code Joan 408-416-1680 (call or text) Darcy 650-743-0381 (call or text) Dave 415-686-4248 (surrenders only)	925 Area Code Marilyn 925-932-9966 Sandy 650-303-2436 (surrenders only)

Other Contact Information

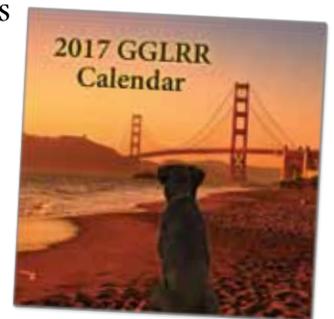
Address Changes	labrescuesfbayarea@gmail.com
Volunteer Information	http://www.labrescue.org/volunteer.html
Website Problems	ecdugdale@gmail.com

2017 GGLRR Calendar— Call for Photos!

Is your Lab photogenic? If you've ever shared photos of him or her with friends and family, or on Facebook, how would you like the chance to make your Lab an even bigger celebrity? It's hard to believe, but we are starting now on our 2017 calendar, and we need your photos!

We are asking for submissions for our 2017 calendar, with lucky Labs to be chosen to grace the pages of the calendar, while raising much needed funds for Lab Rescue. Last year we featured more rescued Labs than ever!

If you would like a photo of your Lab(s) to be considered as one of the 12 months of photos in GGLRR's 2017 Calendar or collage pages, read more about our guidelines and submission process on www.labrescue.org, review your existing photos or take some new ones, and enter for your Lab's shot at fame!



Send your photos for the 2017 calendar to labrescuesfcalendar@gmail.com. And you can order your 2016 calendar at www.labrescue.org/calendar.



**Golden Gate
Labrador Retriever Rescue, Inc.**
12 River Vista Court
Novato, CA 94945

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About GGLRR, Inc.

Golden Gate Labrador Retriever Rescue, Inc. (GGLRR) is organized under the California Non-Profit Public Benefit Corporation Law for charitable and educational purposes. We have been granted nonprofit tax-exempt status under Section 501(c)(3) of the Internal Revenue Code. GGLRR is a private, nonprofit, all-volunteer organization.

GGLRR facilitates the placement of unwanted Labrador Retriever dogs into new homes. We are sought out by concerned individuals and humane organizations who come into contact with Labrador Retrievers. We have a spay-neuter requirement for all dogs that we place. Families residing within our Northern California service area who desire to adopt a Labrador Retriever complete an application form and are introduced to potential pets. Our purpose is solely to provide good homes for Labrador Retrievers who might otherwise be abandoned or euthanized by their previous owner.

Our service area is Northern California and covers six telephone area codes: 408, 415, 510, 650, 707, and 925. GGLRR has more than 100 volunteers. None of our volunteers receive any form of compensation for their time and effort, other than the pure satisfaction of matching a displaced Lab with a loving family.

GGLRR relies upon placement and adoption donations, fundraising events, and charitable donations for its funding. We suggest a minimum donation (currently \$400) for prospective families wishing to adopt from us.



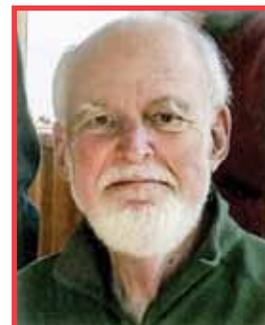
If you prefer, you can also use PayPal to make a donation. Log onto www.labrescue.org/donate and click on the PayPal icon.



In Memory of Jake!

You were a **good boy.**

In Memory of Robert



Thank you
for being a
wonderful
foster to
some of the
GGLRR dogs.